

**Chabot-Las Positas Association of Retired Employees
CARE Fund Special Projects Grant Program
2024-2025 Application Form**

Please mail completed form to:
CARE Grants, c/o Bill Threlfall
11 Woodside Glen Court
Oakland, CA 94602

Deadline: November 12, 2024
Award announcement: December 2, 2024

Applicant Information

Name Jasmine Garcia

Site: Chabot LPC District Office

Campus e-mail address jgarcia@chabotcollege.edu

Campus phone number 510-723-6615
(or home phone if no campus phone is available)

Division or Department Counseling

Name of Dean/Mgr/Supervisor Sadie Ashraf

Project Information

Name of project Counseling Tea Corner

Amount of grant requested (see guidelines) \$370.75 Expected completion date for project ASAP

Who will be responsible for completion of the project? Jasmine Garcia

Project Plan – Briefly tell us what you plan to do:

To create the tea corner, we'll select an accessible space in the counseling area and set it up with tea and informational counseling materials. Supplies like carafes, compostable cups, and sustainable storage will be sourced to minimize waste. Staff will be trained on the tea corner's purpose to encourage student use, and we'll promote it across campus to raise awareness. A designated staff member will oversee maintenance, and periodic student feedback will help us ensure it continues meeting student needs, fostering a lasting, inclusive space for holistic support.

Outcome – What will be the result? Be brief and specific.

The primary outcome of the tea corner will be an improved sense of well-being and comfort among students, encouraging more students to utilize counseling services. This welcoming space is expected to increase engagement, reduce stress, and foster a stronger sense of community on campus. By providing an accessible wellness resource, the tea corner will help normalize self-care and make holistic support a visible, integral part of our services. Ultimately, it will contribute to higher student satisfaction, better mental health, and greater equity in access to supportive resources.

Budget – Tell us what you want to buy: (supplies, apparatus, or services - See guidelines).

Vendor (supplier)	Item Description (Model # etc.)	Qty	Unit price	Tax	Shipping	Line Total \$
Amazon	Tea Bags, Insulated Cups, Cup Organizer		339.41	31.34	0.00	370.75
	Tea Bag Organizer, Assorted Sugar,					
	Hot Water Carafe (2)					
Optional budget notes: Full list attached						Budget Total: 370.75

Benefits – Please briefly explain how the project will **improve service to the colleges** in your area of work responsibility.

Describe what problem the project will solve, and how long the benefits will last. Be specific.
The tea corner will create a welcoming, inclusive space that enhances holistic support for all students, particularly those who may feel anxious about seeking support. It addresses the need for accessible wellness resources, offering a moment of calm and connection to foster equity in support services. This initiative not only promotes mental well-being but also strengthens our commitment to an equitable, student-centered environment. The benefits will be ongoing, as the tea corner becomes a lasting resource for students to feel valued, supported, and ready to engage.

Agreements: I agree to complete the project as described above and then provide a one-paragraph outcome report including a digital photograph or video to CARE. (report due: May 16, 2025 or by the above completion date.)

I understand that grants will be payable to the College/District and grant purchases will become CLPCCD property.

Applicant's Signature Jasmine Garcia Date 11/11/24

I agree to provide fiscal oversight:
Dean/Mgr/Supervisor's Signature Sadie Ashraf Date 11/12/2024

Checkout (8 items)



1 Shipping address [Change](#)
 Jasmine Garcia
 328 HAAS AVE
 SAN LEANDRO, CA 94577-3721
[Add delivery instructions](#)

2 Payment method [Change](#)
 Paying with Visa 5447
 Billing address: Same as shipping address.
 Add a gift card or promotion code or voucher

Place your order

By placing your order, you agree to Amazon's [privacy notice](#) and [conditions of use](#).

Order Summary

Items (8):	\$339.41
Shipping & handling:	\$2.99
Free Shipping:	-\$2.99
Total before tax:	\$339.41
Estimated tax to be collected*:	\$31.34

Order total: \$370.75

3 Review items and shipping

Choose FREE Amazon Day delivery for fewer boxes and a **\$3 digital credit** ([Details](#)).

Arriving Nov 17, 2024 If you order in the next 1 hour and 34 minutes ([Details](#))
 Items shipped from Amazon.com



56-Piece Tea Sampler Gift Set - 14 Unique Flavors, Premium Assorted Tea Variety Pack with 10 Honey Sticks and Recipe eBook - Ideal for Him Her Tea Lovers
\$27.99

Qty: 1

Sold by: FiveandTwoEstore

Subscribe & Save:
 Save up to 5% on future auto-deliveries

Delivery every: **3 months** (most common)

Choose your Prime delivery option:

- Wednesday, Nov 13 and Sunday, Nov 17**
 FREE Delivery
- Sunday, Nov 17**
 FREE Amazon Day Delivery
- Lower carbon option**
[Change delivery day](#)
 Get a **\$3 digital reward** per purchase

Arriving Nov 13, 2024 If you order in the next 1 hour and 34 minutes ([Details](#))
 Items shipped from Amazon.com



Mind Reader Cup and Condiment Station, Countertop Organizer, Coffee Bar, Kitchen, Bamboo, 13.625"L x 6.75"W x 11.5"H, Brown
\$36.99

& **FREE Returns**

Qty: 1

Sold by: Amazon.com Services, Inc

Item arrives in packaging that shows what's inside. To hide it, choose Ship in Amazon packaging.

Qualifying offers:
 • Free Shipping

[How are shipping costs calculated?](#)

Prime shipping benefits have been applied to your order. ([Why aren't all my items eligible?](#))



Mind Reader Tea Bag Organizer, Tea Station, Countertop, Rayon from Bamboo and Acrylic, 13.5" L x 3.75" W x 3" H, Set of 2, Brown
\$22.48
& [FREE Returns](#)

Qty: 1

Sold by: Amazon.com Services, Inc

Add gift options

Item arrives in packaging that shows what's inside. To hide it, choose Ship in Amazon packaging.



Sugar and Sweetener Assortment Packets, Sugar Packets, Sweet 'N Low, Brown Sugar (300 Pack) with Coffee Stirrers for Home, Office, Coffee Station, Individual Sugar Packets for Coffee
\$19.99

Qty: 1

Sold by: Shop-Square

Subscribe & Save:

Save 10% today; Save up to 15% on future auto-deliveries

Delivery every: **3 months** (most common)

Add gift options



Get a \$200 Amazon Gift Card instantly upon approval for Prime Visa.
No annual fee

Delivery: Tomorrow 7 AM - 11 AM

Items shipped from Amazon.com



Airtop Coffee Dispenser with Pump - 102 oz Insulated Stainless Steel Coffee Carafe - Thermal Beverage Dispenser - Thermos Urn for Hot/Cold Water, Party Chocolate Drinks
\$40.99
& [FREE Returns](#)

Qty: 2

Sold by: Vondior

Add gift options

Choose your Prime delivery option:

Tomorrow
FREE Delivery

Tomorrow
4 AM - 8 AM

Tomorrow
7 AM - 11 AM

[See more delivery slots](#)

Thursday, Nov 14
FREE Delivery



Get a \$200 Amazon Gift Card instantly upon approval for Prime Visa. No annual fee

Learn more

Arriving Nov 14, 2024

Items shipped from Rikkel Corp



GUSTO [12 oz. - 500 Count Insulated Kraft Ripple Paper Hot Cups, Disposable Coffee Cups With Lids - Ideal for Hot Beverages, Travel, and Office Use (Formerly Comfy Package) \$129.99

Qty: 1

Sold by: Rikkel Corp

Not eligible for Amazon Prime

(Learn more)

Gift options not available

Choose a delivery option:

- Wednesday, Nov 13 \$9.99 - Delivery
Thursday, Nov 14 FREE Delivery



Get a \$200 Amazon Gift Card instantly upon approval for Prime Visa. No annual fee

Learn more

Arriving Nov 15, 2024 - Nov 19, 2024

Items shipped from Pattern.



Get Well Yogi Tea Organic Sampler Gift Box - 5 Tea Bags per Flavor (45 Tea Bags) - Assorted Delicious Wellness Teas - 9 Herbal Teas - Caffeine-Free Tea Variety Pack - Tea Gift Set \$19.99

Qty: 1

Sold by: Pattern.

Not eligible for Amazon Prime

(Learn more)

Gift options not available

Choose a delivery option:

- Friday, Nov 15 - Tuesday, Nov 19 FREE Delivery

Place your order

Order total: \$370.75

By placing your order, you agree to Amazon's privacy notice and conditions of use.

*Why has sales tax been applied? See tax and seller information.

Need help? Check our Help pages or contact us








For an item sold by Amazon.com: When you click the "Place your order" button, we'll send you an email message acknowledging receipt of your order. Your contract to purchase an item will not be complete until we send you an email notifying you that the item has been shipped.

Important information about sales tax you may owe in your state

You may return new, unopened merchandise in original condition within 30 days of delivery. Exceptions and restrictions apply. See Amazon.com's Returns Policy.

Need to add more items to your order? Continue shopping on the Amazon.com homepage.

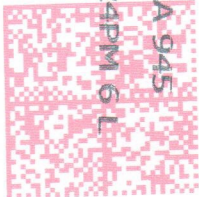
Tea Bar - Counseling

Title	Comments	Price	Quantity	Has
 Get Well Yogi Tea Organic Sampler Gift Box - 5 Tea Bags per Flavor (45 Tea Bags) - Assorted Delicious Wellness Teas - 9 Herbal Teas - Caffeine-Free Tea Variety Pack - Tea Gift Set by Yogi		\$19.99	1	0
 56-Piece Tea Sampler Gift Set - 14 Unique Flavors, Premium Assorted Tea Variety Pack with 10 Honey Sticks and Recipe eBook - Ideal for Him Her Tea Lovers by FIVEANDTWOESTORE BUNDLES		\$27.99	1	0
 Airpot Coffee Dispenser with Pump - 102 oz Insulated Stainless Steel Coffee Carafe - Thermal Beverage Dispenser - Thermos Urn for Hot/Cold Water, Party Chocolate Drinks by VONDIOR (Kitchen)		\$40.99	2	0
 GUSTO [12 oz. - 500 Count Insulated Kraft Ripple Paper Hot Cups, Disposable Coffee Cups With Lids - Ideal for Hot Beverages, Travel, and Office Use (Formerly Comfy Package) by GUSTO		\$129.99	1	0
 Mind Reader Cup and Condiment Station, Countertop Organizer, Coffee Bar, Kitchen, Bamboo, 13.625"L x 6.75"W x 11.5"H, Brown by Mind Reader (Kitchen)		\$36.99	1	0
 Sugar and Sweetener Assortment Packets, Sugar Packets, Sweet 'N Low, Brown Sugar (300 Pack) with Coffee Stirrers for Home, Office, Coffee Station, Individual Sugar Packets for Coffee by Shop Square		\$19.99	1	0
 Mind Reader Tea Bag Organizer, Tea Station, Countertop, Rayon from Bamboo and Acrylic, 13.5" L x 3.75" W x 3" H, Set of 2, Brown by Mind Reader (Kitchen)		\$22.48	1	0

25555 Hesperian Blvd.
Hayward, CA 94505
Jasmine Garcia, Office 753F
Counseling Division

94502-2541

OAKLAND CA 945
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c/o Bill the Fall
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Oakland, CA 94602